TERM 2 MENU

WEEK COMMENCING

29.04.24 13.05.24 27.05.24 10.06.24 24.06.24

4 THU	WEEK A	STANDARD	VEGETARIAN	VEGAN & MADE WITHOUT DAIRY
Beef Lasagne Vegan Pikelets Palafel Smash & Cheese Salad Sandwich W/ Ham & Cheese Mix Cheese Mix Carrot Sticks Moogurt Moogurt Moogurt Moogurt Moogurt Moogurt Moogurt Moogurt Moogurt Japanese Chicken Katsu Curry W/ Rice, Shredded Cabbage, & Carrots Chicken 'Big Mac' Sandwich W/ Cheese Sandwich W/ Cheese Fill Chicken 'Big Mac' Sandwich W/ Cheese Sandwich W/ Cheese Fill Pineapple Crush Slice	-	•		
Beef Lasagne Vegan Pikelets Vegan Pikelets Vegan Pikelets Vegan Pikelets Vegan Pikelets Vegan Pikelets Vegan Lasagne Vegan Lasagne Vegan Lasagne Palafel Smash & Cheese Salad Sandwich Sandwich Sandwich Sandwich Carrot Sticks Carrot Sticks Moogurt Moogurt Moogurt Soy Dessert Vegan Tender 'Big Mac' Sandwich Cheese Sandwich Chicken 'Big Mac' Sandwich w/ Cheese Sandwich Sandwich Vegan Tender 'Big Mac' Sandwich Cheese Fruit Crumble Muffin Pineapple Crush Slice		Fruit Salad	Fruit Salad	Fruit Salad
TUE Hawaiian Sandwich w/ Ham & Falafel Smash & Cheese Salad Cheese Mix Sandwich Sandwich Sandwich Gravet Sticks Carrot Sticks Carrot Sticks Carrot Sticks Carrot Sticks Soy Dessert Japanese Chicken Katsu Curry w/ Rice, Shredded Cabbage, & Carrots Sticks Carrot Sticks Soy Dessert Japanese Chicken Katsu Curry w/ Rice, Shredded Cabbage, & Carrots Sticks Shredded Cabbage, & Carrot Sticks Shredded Cabbage, & Carrot Sticks Soy Dessert Chicken 'Big Mac' Sandwich w/ Rice, Shredded Cabbage, & Carrot Sticks Sandwich w/ Cheese Salad Sandwich W/ Cheese Salad Sandwich W/ Cheese Salad Sandwich Sandwich Sandwich Sandwich W/ Cheese Salad Sandwich Sandwich Sandwich W/ Cheese Salad Sandwich W/ Sandwich W/ Sandwich Sandwich W/ Sandwich Sandwich W/ Cheese Salad Sandwich W/ Cheese Sandwich W/ Chees		Carrot Cake Muffin	Carrot Cake Muffin	Vegan Pikelets
Cheese Mix Sandwich Sandwich Sandwich Carrot Sticks Carrot Sticks Carrot Sticks Carrot Sticks Carrot Sticks Soy Dessert Japanese Chicken Katsu Curry w/ Rice, Shredded Cabbage, & Carrots Rice, Shredded Cabbage, & Carrots Chicken 'Big Mac' Sandwich w/ Cheese Sandwich Vegetarian Tender 'Big Mac' Sandwich w/ Cheese Seruit Crumble Muffin Pineapple Crush Slice	2	Beef Lasagne	Vegetarian Lasagne	Vegan Lasagne
Moogurt Moogurt Soy Dessert Japanese Chicken Katsu Curry w/ Rice, Shredded Cabbage, & Carrots Rice, Shredded Cabbage, & Carrots Rice, Shredded Cabbage, & Carrot Chicken 'Big Mac' Sandwich w/ Cheese Sandwich w/ Cheese Cheese Fruit Crumble Muffin Fruit Crumble Muffin Pineapple Crush Slice				
Moogurt Moogurt Soy Dessert Japanese Chicken Katsu Curry w/ Rice, Shredded Cabbage, & Carrots Rice, Shredded Cabbage, & Carrot ATHU Chicken 'Big Mac' Sandwich w/ Cheese Sandwich w/ Cheese Fruit Crumble Muffin Fruit Crumble Muffin Soy Dessert Soy Dessert Vegan Tender Katsu Curry w/ Rice, Shredded Cabbage, & Carrot Rice, Shredded Cabbage, & Carrot Vegan Tender 'Big Mac' Sandwich Cheese Fruit Crumble Muffin Pineapple Crush Slice	3	Carrot Sticks	Carrot Sticks	Carrot Sticks
Rice, Shredded Cabbage, & Carrots Rice, Shredded C	WED	Moogurt	Moogurt	Soy Dessert
Cheese Sandwich w/ Cheese Cheese 5 Fruit Crumble Muffin Pineapple Crush Slice FRI	4			Japanese Tofu Katsu Curry w/ Rice, Shredded Cabbage, & Carrots
FRI				Vegan Tender 'Big Mac' Sandwich w/ Cheese
FRI Whole Fruit Whole Fruit Whole Fruit		Fruit Crumble Muffin	Fruit Crumble Muffin	Pineapple Crush Slice
		Whole Fruit	Whole Fruit	Whole Fruit

HOT LUNCHES ARE DELIVERED FIVE TIMES OVER A TWO WEEK CYCLE:

ALTERNATING BETWEEN HOT AND COLD LUNCHES FOR DAY 1 & 2, DAY 3 & 4 AND DAY 5 & 6.

Allergen Statemen

Meals that are prepared for students with specific allergy or dietary requirements are made following an allergy management plan. However, meals are not validated by means of laboratory testing, and so we cannot guarantee that any item is 100% free from trace amount of allergen residues. Please make your school aware if you have a low tolerance towards certain allergens. All menu items may contain traces of gluten, dairy, peanuts, tree nuts, soy, sesame seeds, egg, sulphites, fish, shellfish and lupin. Meals are made with no nut-containing ingredients but may contain detectible traces of nuts. Some minor menu changes may occur due to a school opting out of some lunch components due to other healthy eating programmes currently operating in school. Full menu breakdowns including ingredients and nutritional information can be provided on request.

